

UPDATED MAY 11th, 2023

This information includes everything you need to get through May 20th.

Meet held at WAUPUN HIGH SCHOOL, Waupun, WI

STEP 1

Entries closed at 8p.m. on May 6th. After this point, the only thing that happens is performances/results posted through next Saturday, May 13th by 5 p.m. will be considered for qualifying.

THIS IS A 6th, 7th and 8th Grade ONLY event – No one outside these three grades will be accepted.

Everyone – Double check your entries for correct grades. Example - There are athletes entered into 6th grade events, but their profile reads 7th grade. This is the case in several entries of all three age groups.

ENTRIES WITH INCORRECT MATCHING GRADES WILL NOT BE ACCEPTED nor considered after qualifiers have been chosen. It is up to you to check these entries.

Pre-Authorization – Each school and Unattached account needs to have completed the credit card pre-authorization for registrants to be accepted. We will not notify after the May 13th deadline when we accept/qualify the athletes.

STEP 2

You can find all the meet entries [HERE](#). This is the complete list of everyone that has registered and is trying to qualify. This is where you can watch throughout the week to see if your performances hold up. All results posted to athletic.net through Saturday, as well as entered Override Seeds (see next paragraph), will be used for qualifying.

Seed Times – In the entry list in the above link, seed times are drawn from results posted on athletic.net. If your athlete(s) have better marks/performances that are posted elsewhere on the internet, you may use the OVERRIDE SEED section (where you register the athletes from the beginning). However, you must complete the whole process by entering the URL in the required fields to allow us to verify the performance.

If you see your athlete is about to qualify, please speak with them before the end of the week to confirm the athlete/family is intending to compete. PLEASE MAKE ALL SCRATCHES with me before May 13th so we can remove the respective athletes from consideration.

STEP 3

Qualifiers – On May 14th we will have the qualifiers ACCEPTED into the meet and you can see them [HERE](#).

Once your athlete is ACCEPTED and listed on the entry list, your credit card will be charged for that entry. If you had not scratched the athlete prior to May 13th the fee will not be refunded. This is why we are

asking you to check with the respective athletes and more so the parents, to make sure the athlete will be participating if they qualify.

WHO QUALIFIES / Quantity

NEW for 2023 – There will be three divisions for all individual events – 6th grade, 7th grade and 8th grade. The relay events will remain as single divisions – All Grades Combined as many of the teams are already mixed grades and we have not yet had a year with enough relay entries to fill all qualifying spots.

The below chart lists the quantity of qualifiers per grade for respective events listed in top row.

	Field Events LJ, TJ, HJ, SP, Discus	100	100H	200	400	800	1600
6th	10	10	10	10	10	10	10
7th	10	10	10	10	10	10	10
8th	15	20	20	20	20	15 – 1 heat	15 – 1 heat

POLE VAULT – Top 15 for each gender will be qualifiers and be run as an open/combined grade division as we traditionally have low numbers entered in pole vault. All athletes tying for the last spot will all be accepted into the meet. Along with the top six medalists, 6th and 7th graders who are in the top three of their age group and not in the top 6 overall will also receive a grade appropriate medal.

POLE VAULT WEIGHT VERIFICATION FORM – You are also expected to bring a Current/Up to Date weight verification form. This meet is not sanctioned by the WIAA, however, we will follow the same expectations regarding the weight verification form as the kids have had all season.

RELAYS

- ONLY one team per school will be accepted in any one relay event per gender.
- 400 Relays – 20 teams will qualify. However, all boy teams with a 55.0 or below will also qualify. All girl teams with a 1:00.0 or below will qualify. Example – if the top 25 are 55. or less in the boys entries, we will qualify those additional 5 teams.
- 800 Relays – Top 20 times per gender qualify.
- 1600 Relays – Top 20 times per gender qualify.
- All Relays need to be the same gender – no mixed entries.

If you have a qualifying time – you will be entered. You should have registered the respective team members in athletic.net upon entry.

Implement weights –

Shot Put - All girls will be throwing 6-pound implements, Sixth grade boys will throw 6 pound implements and 7th and 8th boys will be throwing 8 pound implements. We realize that the weight used around the state varies. This meet has chosen these weights from year one and the weight continues to

be advertised as such for this meets qualifying. If you wish to compete in the future, it will continue to be up to you to utilize those weights during your season to establish entry / qualifying marks.

Discus – Every level will throw the 1kg discus.

We will provide house implements as well for anyone who needs/chooses to use them.

Field Event Qualifying Note – All performances that are tied for the last qualifying position in field events will all be accepted into the competition.

Relays – If you have a qualifying time and are accepted, you may run any four athletes from your team.

6th Grade Boys Shot Put – If you threw 8 pound all year, you may manually go into the registration area and complete an Override Seed and then supply us with a URL that will take us to this performance posted online. This will place your performance amongst the 6th grade.

STEP 4

Congratulations – You have now had an athlete(s) qualify. Now, print off the **REQUIRED WAIVER FORMS** [HERE](#). Each participating athlete needs to have this form completed by themselves and a parent/guardian.

You (coach / parent) will collect these waivers, put them into ALPHABETICAL order and present them when picking up the team packet. The packet we give you will have a race bib for each of your qualifying athletes. This is what will get them into the meet / facility. If you do not have a signed waiver for each participant, we will remove that number from your packet and the athlete will not compete. We will not take cell phone images and phone calls from mom or dad to say it is okay. **YOU NEED TO HAVE WAIVERS** for each athlete. **NO EXCEPTIONS**

Each team will only send ONE coach/representative to the packet pick up area. This person will need ALL waivers and will need to take the complete packet at this time. You need to work out your own logistics of arrival times within your group etc. If you show up without a **WAIVER** and we pull a respective athlete's number out, we will not hold this number nor wait for a parent / coach to show up for it later. Please be organized before arriving.

PACKET PICK UP - Friday, May 19th – early packet pick up at Waupun High School gym (south end of the building – watch for the feather flags) 6 p.m. – 8 p.m. **(Must have signed waiver(s) in alphabetical order)**

Saturday, May 20th – packet pick up 7:30 a.m. – 9:30 a.m. **(Must have signed waiver(s) in**

alphabetical order) Regardless of when you are scheduled to compete, packet pick up ends at 9:30 a.m.

Again, we will not split up packets. One designated person will need to be assigned from your group and we need all the information at one time.

We will provide two wristbands for free admission in the team packets. We will supply one wristband to individual Unattached entry qualifiers. You can purchase additional wristbands for \$5 each during packet pick up. You may also purchase wristbands for spectators on **Friday** evening if you would like to.

The athlete will wear the assigned bib number on the front of their uniform to obtain entry into the meet. Athletes will need to enter the North entrance under the main gate.

Team Camps/Tents – Team camps/tents are allowed outside of the fenced areas. **DO NOT attach your tent to any of the fences** BUS/TEAM parking is in the North lot at the complex. SPECTATOR parking will then complete the parking area as well as the south lot and street parking.

STEP 5

Day of Entry – Implement Weigh Ins

SHOT PUT and DISCUS Weigh Ins – 8 a.m. – 9:15 a.m. in garage near throwing circles.

ENTRY / Track and Field OPENS

- 7:50 a.m. One coach and thrower(s) can enter at 8 a.m. to get implements weighed.
- 8:30 a.m. Track facility opens to athletes who are wearing bib numbers and coaches with wristbands.
- 9:00 a.m. Track facility opens to spectators, **\$5 admission – 10 and under are free.**
- 9:30 a.m. Trials for 8th Grade 100, 100H and 200 and Field events listed below.

ADMISSION - \$5 per person regardless of age. (10 and under are free) PLEASE share this with your group in advance.

STEP 6

START TIMES and ORDER of EVENTS

Events/Order: (We will begin the meet with field events (order listed below) and 8th grade trials at 9:30 a.m. and 400 relay trials will begin at 11:00 a.m. with 1600 run to immediately follow)

FALSE STARTS – If an athlete false starts, they will be allowed back into the race. A second false start by the same athlete will be a disqualification.

100 Trials – 8th grade only – (9:30 a.m.) (Top 10 to finals)

100 Hurdle Trials – 8th grade only – (9:40 a.m.) (Top 10 to finals)

200 Trials – 8th grade B/G and 7th grade boys only – (10:00 a.m.) (Top 10 to finals)

400 Relay Trials – 11:00 a.m. and then continuous flow, beginning with the 1600 Run. (Top 10 to finals in 400 Relay)

Race order will continue with girls first (6th followed by 7th then 8th), boys follow in same order, by grade.

1600 Run – Will follow continuously after the 400 relay trials.

100 Hurdle Finals

100 Finals

800 relay finals

400 Dash

400 relay finals

800 Run

200 Dash Finals

1600 Relay

Field Events - 4 attempts for each athlete. Field events are finals.

For the jumps and throws – Athletes will/must take one attempt each time their name is called, in seeded order. **(This replaces any previous information)** If you are present and/or you are not checked out of the event, you must make an attempt. If you pass any round that your name is called, that will be counted as a scratched attempt. The top seed will be jumping last, despite how any of the days performances are going.

CHECK OUT - When you check out of an event – you will be given 10 minutes to make yourself available once again for your attempt.

LONG JUMP, TRIPLE JUMP, HIGH JUMP and POLE VAULT

You must have your steps measured before arriving. **YOU CANNOT** run backward up the runway to measure your steps.

Use of chalk or markings in the grass are acceptable to mark steps but NO TAPE.

If a field athlete is going to be leaving for a running event – they will be required to take two attempts if they are on their first or second rotation.

You will have 20 minutes between genders in the field events and 10 minutes between each gender's grade division.

Long Jump – Boys followed by Girls.

Boys 6th to completion – Begins at 9:30 a.m.

Boys 8th to completion

Boys 7th to completion

Girls will follow 7th grade boys 20 minutes after completion of the boy's competition.

Girls Order – 6th, 8th then 7th

Shot Put – Boys followed by Girls.

Boys 8th to completion – Begins at 9:30 a.m.

Boys 6th to completion

Boys 7th to completion

Girls will follow 7th grade boys 20 minutes after completion of the boy's competition.

Girls Order – 8th, 6th then 7th

Pole Vault – Boys to completion beginning at 9:30 a.m. - followed by Girls.

Starting height will be 6' for both genders.

Triple Jump – Girls followed by Boys.

Girls 6th to completion – Begins at 9:30 a.m.

Girls 8th to completion

Girls 7th to completion

Boys will follow 6th grade girls 20 minutes after completion of the girl's competition.

Boys Order – 6th, 8th then 7th

Discus – Girls followed by Boys.

Girls 8th to completion – Begins at 9:30 a.m.

Girls 6th to completion

Girls 7th to completion

Boys will follow 7th grade girls 20 minutes after completion of the girl's competition.

Boys Order – 8th, 6th then 7th

High Jump – We plan to run two high jumps

Starting Height – Girls 6th – 4', Girls 7th – 4'2", Girls 8th – 4'4" / Boys 6th – 4', Boys 7th – 4'6", Boys 8th – 5'

7th boys and girls will begin the high jump – Begins at 9:30

6th boys and girls – 10 minutes after the completion of 7th grade / respective gender

8th boys and girls – 10 minutes after the completion of 6th grade / respective gender

Athletic Trainer – We will have an athletic trainer available to assist with care during the event if needed. They will not be taping ankles prior to competition etc.

Please BRING YOUR OWN FIRST AID KIT as well as ice cooler, sun screen (hopefully needed), hydration etc.

Awards

- The top six receive medals for each division and gender. The pole vault will have medals for the top six athletes as well as top three medals for 6th and 7th graders who are participating and do not finish in the top six overall. A pole vaulter will receive only one medal.

MEDAL PICK UP – Awards can be picked up at the designated grade tables approximately 15 minutes following your event. These pick-up areas will be dependent on the weather that day and will be announced throughout the meet.

LIVE RESULTS – Live results can be followed by scanning the QR codes that will be throughout the site. You may also find them on adesports.com website.

Concessions – Concessions will be available throughout the day with burgers, hot dogs, chips etc. No Carry In's please.

Apparel – Apparel will be for sale with several fun t-shirt designs. Event T-shirts will be sold for \$20.

STEP 7

General Information and most important

This meet is not sanctioned by a governing body. There is no complaint department. This meet is about the talented students. No host or volunteer, or event workers have any special interest in any one athlete. Calls made and rules followed are all we are doing to create a structured, fun and competitive environment. If you feel the need to create conflict over a children's track and field meet you are entered in the wrong meet. Please make it about the kids and enjoy the day of competition.

There will be many talented athletes at the event. Rest assured that there are many more in Wisconsin and around the world that are as gifted or more talented and could not all be with us today. The event is set up with the intent to give those wishing to attend a higher level of competition an opportunity.

The rules/guidelines of the meet are adaptations to many other levels/organizations. The way things are set up and organized is based on the size and availability of the facility and time considerations of participants and those who are working the event.

It is your privilege to be participating, but not a right. PLEASE keep this a fun and competitive event. If anyone has any issues with the rules/organization of the event, you must consider withdrawing from the

event and search for something that best fits your needs – because we are having a fun and competitive event here.